

Monkstown Bay Sailing Club
Sailing Instructions for Club League Races

2009

1. Rules

The Club Leagues will be governed by the Racing Rules of Sailing (RRS), the prescriptions of the ISA, the rules of the individual Classes, the notice of race, except as altered by the instructions. The Club Leagues have been designated Category B.

2. Entries and Responsibilities

2.1 Boats shall submit a Leagues Entry Form annually. Boats will be scored in Club leagues or events sailed after her entry has been accepted and when membership requirements have been met.

2.2 Boats are required to have third party insurance of €1,300,000.

2.3 Boats shall be seaworthy, suitably equipped and have effective buoyancy.

2.4 The responsibility for deciding to go afloat rests with the individuals concerned, (and with their parents in the case of children). Races may be held in conditions unsuitable for some classes or competitors.

3. Notices to Competitors, Signals

Notices to competitors will be posted on the official notice boards located at the Sand quay and at the clubhouse.

Signals will be made in the area of the start / finish.

4. Changes to the Sailing Instructions

Any change to the sailing instructions will be posted on the official notice boards not later than a half-hour prior to the start of the race for which it is to take effect.

5. Schedule of Races

The schedule of races is set out in the annual Fixtures List.

6. Courses

Courses will be displayed in the vicinity of the club hut or on the committee boat.

7. Marks

Marks will be MBSC racing marks, navigation marks or temporary marks.

8. The Start

8.1 Races will be started in accordance with ISAF rules currently in force.

Signal	Time from Start	Flag
Warning	5 min	Class Flag
Preparatory	4 min	ICF "P", "I", "Z" or Black
One Minute	1 min	Preparatory Flag removed
Starting	0 min	Warning Flag removed

Times shall be taken from the visual signals. Failure of a sound signal shall be disregarded.

- 8.1 *continued*
The start sequence for succeeding classes will commence after the start of the preceding class by displaying the warning flag of the succeeding class.
- 8.2 **Start and Finish Lines**
The start and finishing lines will be between the Club mast on the Sand quay or a staff ashore or a mast on the committee boat and the corresponding start and finishing mark.
- 8.3 **Congestion**
Boats whose warning signal has not been made shall keep clear of the start line and of all boats whose preparatory signal has been made.
- 8.4 **Class warning signals will be made as follows**
- | | | |
|---------------|------------|-------|
| Class 1 | ICF "F" | 19:00 |
| Class 2 | ICF "G" | 18:45 |
| All in Starts | ICF "F, G" | 19:00 |

9. **Penalty System**

A protest committee may impose a scoring penalty for any infringement of the RRS, a boat's class rules or these S.I.s.

10. **Time Limits**

- 10.1 The following time limits apply for club leagues.
- | | |
|---|-----------------------|
| Period | First finisher before |
| Until Aug 12 th | 20.30 |
| Aug 13 th – 31 st | 20.00 |
- 10.2 The general time limit for Club League races is 30 minutes from finish of first monohull.

11. **Protests**

Protests shall be lodged within one hour of the finish of the last boat concerned. The protest committee may extend this time limit if justified for reasons outside the control of the protester.

12. **Scoring and Tie breaking**

Scoring and tie breaking shall be in accordance with current ISAF rules. The Low Point scoring system is used.

13. **Safety**

- 13.1 Safety of boat and crew shall be solely the responsibility of the entrant, including any decision to sail. In the case of junior sailors, parents or guardians shall be responsible for any decision to sail.
- 13.2 It is obligatory for all helmsmen and crew to wear adequate personal buoyancy.
- 13.3 Competitors shall keep clear of commercial shipping.

14. **Handicap**

- 14.1 The current RYA Portsmouth Yardstick System will be used. Unique, development and variants to class may have their handicap reviewed after any league in accordance with the RYA "Trial Number" system.

- 14.2 Boats competing in club leagues or events may opt to use a sail configuration different to that normally used by boats of that class and apply for a handicap to reflect that configuration. Only one sail configuration and handicap number shall be used for any individual league or event. The normal handicap number shall apply in Open events hosted by the club.

15. **Discards, number of Leagues, Club Championship**

- 15.1 There shall be six individual monthly leagues i.e. The five months of May to September October, Club results compiled from order of finish in the October open event races.
- 15.2 **League discards**
1 in 4 - 6 races
2 in 7 - 9 races
3 in 10 or more races
- 15.3 The Club Championship shall be compiled from the overall results of the monthly leagues. A boat's four best overall results only will be taken into account.
- 16 **Other Rules**
- 16.1 Owners must make their boat and sails available for measurement when requested by the Sailing Secretary.
- 16.2 The number of people crewing a boat shall remain unchanged for the duration of any individual league or event. The maximum number of helmsman substitutions per league is two, both of whom must be members of MBSC. Substitutions must be notified in advance to the OOD and may be rejected if other competitors are unfairly disadvantaged.
- 16.3 Boats that sail in different dinghy classes will only be awarded places for the class in which the boat has sailed the most number of races when the league is finished. The results of all other competitors will be adjusted accordingly.
- 16.4 Boats starting less than 25% of the races scheduled in a league shall be scored, in the overall result for that league, as not having started any race.
- 16.5 A boat, whose usual helmsman is required to do shore or rescue duty for a particular league race, shall be entitled to the points scored by the substitute helm, the points scored by the last placed boat, or the average points scored for her non discarded races in the league, whichever is most advantageous to her.
- 16.6 A boat shall not be entitled to a Club league or event trophy unless her helmsman is a member of the club.
- 16.7 When awarding a trophy or prize to a boat, reference will be made to the owner and the persons who sailed her.
- 16.8 When individual classes organise leagues outside the official programme the class may decide that results in harbour events will count for points in those leagues.